

Mapping SMSC, Emotional Literacy Domains and British Values, by age group and lesson

Being Me In My World - Ages 11-12

Lesson	Social	Moral	Spiritual	Cultural
1	√	✓	✓	
2	√	✓	✓	
3	√	√		✓
4	√	√		
5	√	√		√
6	√	✓		✓

Lesson	Self-Awareness	Social Skills	Empathy	Motivation	Managing Feeling
1	√	✓		√	
2	√	√		√	√
3	√	✓		√	✓
4	√	√	√		
5	√	√	√		
6	√	√			

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1			✓	✓	
2			✓	✓	
3			√	✓	
4			✓	✓	
5		✓	✓	√	
6		√	✓	√	



Celebrating Difference - Ages 11-12

Lesson	Social	Moral	Spiritual	Cultural
1	√	✓		✓
2	√	✓		✓
3	√	✓		✓
4	√	√		✓
5	√	√		
6	✓	√		✓

Lesson	Self-Awareness	Social Skills	Empathy	Motivation	Managing Feeling
1	\checkmark	✓	✓	✓	
2	√	√	√	✓	√
3	√	√		✓	√
4	√	√	√	√	
5	√	√	√	√	✓
6	√	√	√		

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1		✓	✓	✓	✓
2		√	✓	✓	
3		✓	√	✓	
4		√	✓	✓	✓
5		✓	√	√	√
6		✓	√	✓	√



Dreams & Goals - Ages 11-12

Lesson	Social	Moral	Spiritual	Cultural
1	✓			
2	√			
3	√		√	
4	√	√		✓
5	√	√		✓
6	√	√		✓

Lesson	Self-Awareness	Social Skills	Empathy	Motivation	Managing Feeling
1	\checkmark			✓	√
2	√	√		√	
3	√		√	√	√
4	√	√	√	√	√
5	√	√	√	√	√
6	√	√	√	√	√

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1			✓		
2	✓		✓	✓	
3			✓		
4		√	√	✓	
5		✓	√	✓	
6		√	√	✓	



Healthy Me - Ages 11-12

Lesson	Social	Moral	Spiritual	Cultural
1	√		✓	
2	√			
3	√	✓		√
4	√			
5	√	✓		√
6	√	✓	√	

Lesson	Self-Awareness	Social Skills	Empathy	Motivation	Managing Feeling
1	\checkmark	\checkmark	✓	✓	✓
2	√		√	✓	✓
3	√	√	√	√	
4	√	√		√	
5	√	√	√		
6	√		√	✓	✓

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1			✓	\checkmark	
2			✓		
3		√	√	✓	
4			✓	✓	
5	✓		✓		√
6			✓	√	



Relationships - Ages 11-12

Lesson	Social	Moral	Spiritual	Cultural
1	✓	✓		
2	✓	√		
3	✓			
4	✓	√		√
5	✓	√		✓
6	✓	√		

Lesson	Self-Awareness	Social Skills	Empathy	Motivation	Managing Feeling
1	√	✓	✓	✓	√
2	√	√			√
3	√	√	√		√
4	√	√	√	√	√
5	√	√		√	√
6	√		√		✓

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1	✓	√	✓	✓	
2			✓		
3			√	✓	✓
4			√	✓	
5	✓	√	√	✓	✓
6			✓	✓	



Changing Me - Ages 11-12

Lesson	Social	Moral	Spiritual	Cultural
1	√	✓		✓
2	√	√		√
3	√	√		
4	✓	√		✓
5	√		✓	
6	√	√		

Lesson	Self-Awareness	Social Skills	Empathy	Motivation	Managing Feeling
1	√	✓			✓
2	√	√			√
3	√	√			√
4	√	√			√
5	√	√		√	√
6	√			√	√

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1		√	✓	✓	
2			✓	✓	✓
3	√		✓	✓	
4	✓	√	✓		
5			✓		
6			✓	✓	



Being Me In My World - Ages 12-13

Lesson	Social	Moral	Spiritual	Cultural
1	✓			✓
2	√			✓
3	✓			✓
4	✓		✓	✓
5	√	√	√	✓
6	√	√		✓

Lesson	Self-Awareness	Social Skills	Empathy	Motivation	Managing Feeling
1	\checkmark	√		✓	
2	√	√	√	✓	
3	√		√	✓	✓
4	√	√		✓	✓
5	√	√	√		
6	√	√	√	✓	✓

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1			√	✓	
2			✓	✓	√
3			✓	√	
4			√	✓	
5	√	√	✓	✓	✓
6		✓	✓	✓	✓



Celebrating Difference - Ages 12-13

Lesson	Social	Moral	Spiritual	Cultural
1	✓	✓		✓
2	✓	√		✓
3	✓	✓		✓
4	✓	√		✓
5	✓	√		✓
6	✓	√		✓

Lesson	Self-Awareness	Social Skills	Empathy	Motivation	Managing Feeling
1	✓	√	√	✓	✓
2	√	√	√		
3	√	√	√		
4	√	√	√		✓
5	√	√	√	√	√
6	√	√	√	√	

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1		✓	✓	✓	✓
2	√	√	√	✓	√
3	✓		✓	✓	✓
4		√	√	✓	√
5	√			√	✓
6		√	✓	✓	✓



Dreams & Goals - Ages 12-13

Lesson	Social	Moral	Spiritual	Cultural
1	✓			✓
2	✓	✓		✓
3	✓	√		✓
4	√			✓
5	√	√		✓
6	√	√		✓

Lesson	Self-Awareness	Social Skills	Empathy	Motivation	Managing Feeling
1	✓	√		✓	
2	√	√		√	
3	√	√	√	√	√
4	√	√		√	
5	√	√	√	√	
6	√	√	√	√	

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1			✓		
2	✓	√	✓		
3		√	✓	✓	✓
4			✓		
5			√		
6	✓	√	✓		



Healthy Me - Ages 12-13

Lesson	Social	Moral	Spiritual	Cultural
1	✓			✓
2	√	√	√	
3	√	√	√	✓
4	√	√		✓
5	√	√		✓
6	√	√		

Lesson	Self-Awareness	Social Skills	Empathy	Motivation	Managing Feeling
1	√			√	
2	√	√		√	√
3	√	√		√	√
4		√			√
5	√			√	✓
6	√		√	√	√

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1			✓	✓	
2			✓		
3		√	✓		
4		√	✓	✓	
5			✓		
6			✓	✓	



Relationships - Ages 12-13

Lesson	Social	Moral	Spiritual	Cultural
1	✓		✓	
2	√	√		
3	√			✓
4	√	√		✓
5	√	√		
6	√	√		

Lesson	Self-Awareness	Social Skills	Empathy	Motivation	Managing Feeling
1	√	√	✓		✓
2	√	√	√		√
3	√	√			√
4	√	√	√		√
5	√	√			√
6	√		√		√

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1			√	✓	
2			✓	✓	
3			✓	✓	✓
4	√		√	✓	√
5		✓	√	√	
6			✓	✓	



Changing Me - Ages 12-13

Lesson	Social	Moral	Spiritual	Cultural
1	✓	✓	✓	✓
2	√	✓	✓	✓
3	√	✓	√	/
4	√	✓	✓	√
5	√	✓	✓	/
6	√	✓		

Lesson	Self-Awareness	Social Skills	Empathy	Motivation	Managing Feeling
1	✓	√			✓
2	√	√	√		√
3	√	√			√
4	√				√
5	√	√			√
6	√		√		√

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1		✓	✓	✓	
2		√	✓	✓	
3		√	✓	√	
4		√	✓	✓	
5	✓	✓	√	✓	✓
6			√	✓	



Being Me In My World - Ages 13-14

Lesson	Social	Moral	Spiritual	Cultural
1	√	✓		✓
2	√	√		
3	√	√		✓
4	√	√		✓
5	√	√		✓
6	√	√		√

Lesson	Self-Awareness	Social Skills	Empathy	Motivation	Managing Feeling
1	\checkmark	✓	√		✓
2	√	√	√	√	✓
3	√	√			√
4	√	√	√	√	√
5	√	√	√		√
6	√	√	√	√	✓

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1		✓	✓	✓	
2		√	✓	✓	
3			√	✓	
4			✓	✓	
5		√	√	✓	
6			✓	√	



Celebrating Difference - Ages 13-14

Lesson	Social	Moral	Spiritual	Cultural
1	√	✓		✓
2	√	✓		✓
3	√			✓
4	√	√		
5	√	√		✓
6	√	√		✓

Lesson	Self-Awareness	Social Skills	Empathy	Motivation	Managing Feeling
1	\checkmark	√	√	✓	✓
2	√	√	√	✓	✓
3	√	√	√		✓
4	√	√	√		
5	√	√	√		
6	√	√	√		

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1	✓	√	✓	✓	
2	✓	√	✓	✓	✓
3			✓	✓	✓
4			✓	✓	✓
5		√	✓	✓	✓
6		√	✓	✓	✓



Dreams & Goals - Ages 13-14

Lesson	Social	Moral	Spiritual	Cultural
1	√	✓	✓	✓
2	√			
3	√	√		√
4	√	√	√	√
5	√	√		✓
6	√		√	√

Lesson	Self-Awareness	Social Skills	Empathy	Motivation	Managing Feeling
1	\checkmark	✓		✓	✓
2	√	√		√	
3	√	√	√	√	√
4	√	√	√	√	√
5	√	√	√	√	√
6	√		√	√	√

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1	✓		✓		
2	√		✓		
3			√	✓	
4	✓		✓		
5	√		✓		
6			✓		



Healthy Me - Ages 13-14

Lesson	Social	Moral	Spiritual	Cultural
1		✓	✓	
2	✓	✓		✓
3	✓	√		✓
4	✓	√		✓
5	✓	√	√	✓
6	√	√		

Lesson	Self-Awareness	Social Skills	Empathy	Motivation	Managing Feeling
1	√			√	√
2	√			√	√
3	√			√	√
4	√	√		√	√
5	√	√			√
6	√		√		√

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1		√	✓		
2		√	✓		
3		√	✓		
4			✓	✓	
5		√	✓	✓	
6		√	✓	✓	



Relationships - Ages 13-14

Lesson	Social	Moral	Spiritual	Cultural
1	✓	✓		
2	✓	✓		
3	✓	✓		√
4	√	✓		
5	√	✓		√
6	√	✓		

Lesson	Self-Awareness	Social Skills	Empathy	Motivation	Managing Feeling
1	✓	√	✓		√
2	√	√	√		√
3	√				
4	√	√			√
5	√	√			√
6	√		√		√

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1			✓	✓	
2		√	✓	✓	
3		✓	✓	✓	
4		√	✓		
5		✓	√		
6			√	√	



Changing Me - Ages 13-14

Lesson	Social	Moral	Spiritual	Cultural
1	✓	✓	√	
2	✓	√	√	
3	✓		√	√
4	✓	√	√	
5	√	√	√	
6	✓	√		

Lesson	Self-Awareness	Social Skills	Empathy	Motivation	Managing Feeling
1	\checkmark	\checkmark	√	√	√
2	√	√	√	√	√
3	√			√	√
4	√	√	√	√	√
5	√	√	√	√	√
6	√		√		√

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1			✓		
2			✓		
3			✓		
4			√	✓	
5			✓		
6			✓	✓	



Being Me In My World - Ages 14-15

Lesson	Social	Moral	Spiritual	Cultural
1	✓	√		✓
2	√	√	✓	✓
3	√			√
4	√	√		√
5	√	√		
6	√	√		√

Lesson	Self-Awareness	Social Skills	Empathy	Motivation	Managing Feeling
1	√	√	✓	✓	
2	√	√	√		✓
3	√	√		√	
4	√	√	√	✓	
5	√	√			
6	√	√	√	√	✓

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1	✓	✓	✓	✓	✓
2			✓	✓	√
3			√	✓	
4		✓	✓	✓	✓
5		✓	✓	✓	
6			✓	✓	✓



Celebrating Difference - Ages 14-15

Lesson	Social	Moral	Spiritual	Cultural
1	✓	✓	✓	
2	✓	✓		✓
3	✓	✓	√	✓
4	✓	✓		✓
5	✓	√		✓
6	✓	√		✓

Lesson	Self-Awareness	Social Skills	Empathy	Motivation	Managing Feeling
1	✓	√	✓		✓
2	√	√	√		✓
3		√	√		√
4	√	√	√		√
5	√	√	√	✓	√
6	√	√	√	/	

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1		✓	✓	✓	
2		✓	✓	✓	
3	✓	✓	✓	✓	✓
4		✓	√	✓	√
5	√	✓	√	✓	√
6		✓	✓	✓	✓



Dreams & Goals - Ages 14-15

Lesson	Social	Moral	Spiritual	Cultural
1	✓	✓		✓
2	✓	√	✓	
3	✓	✓		✓
4	✓	✓	✓	
5	✓	✓	√	✓
6	✓	√		✓

Lesson	Self-Awareness	Social Skills	Empathy	Motivation	Managing Feeling
1	\checkmark	✓		√	✓
2	√			√	√
3	√	√		√	√
4	√	√		√	√
5	√	√	√	√	√
6	√		√	√	

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1			✓		
2			✓	✓	
3			√	✓	
4			✓	✓	
5			√	√	√
6			✓	✓	



Healthy Me - Ages 14-15

Lesson	Social	Moral	Spiritual	Cultural
1	✓	√		✓
2	✓	√		✓
3	✓	√		
4	✓	√	√	
5	✓	√	√	
6	✓	√		

Lesson	Self-Awareness	Social Skills	Empathy	Motivation	Managing Feeling
1	✓			✓	
2	✓			√	√
3	✓			✓	√
4	✓		√	√	√
5	√			✓	✓
6	✓				√

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1		√	✓		
2			✓		
3			✓		
4			✓	✓	
5		√	√		
6			✓	✓	



Relationships - Ages 14-15

Lesson	Social	Moral	Spiritual	Cultural
1	✓	✓	√	
2	√	√	√	√
3	√	√		√
4	√	√		
5	√	√		
6	√	√		

Lesson	Self-Awareness	Social Skills	Empathy	Motivation	Managing Feeling
1	✓		✓	✓	
2	✓		√		√
3	√	√			√
4	✓	√			√
5	√	√	✓		√
6	√	√			✓

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1			✓	✓	
2		√	✓	✓	
3		√	√	✓	
4		√	✓		
5		√	√	✓	
6			✓	✓	



Changing Me - Ages 14-15

Lesson	Social	Moral	Spiritual	Cultural
1	✓	✓		✓
2	✓	√		
3	✓	√		✓
4	✓	√		✓
5	✓	√	✓	
6	✓	√		

Lesson	Self-Awareness	Social Skills	Empathy	Motivation	Managing Feeling
1	√			√	
2	√		√	√	√
3	√		√		
4	√	√	√		
5	√	√		√	√
6	√		√		√

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1			✓		
2			✓		✓
3		✓	√	✓	✓
4		✓	✓	✓	
5			√		
6			✓	✓	



Being Me In My World - Ages 15-16

Lesson	Social	Moral	Spiritual	Cultural
1	✓	✓		✓
2	✓	✓	✓	
3	✓	✓		✓
4	✓	✓		
5	✓	√		✓
6	√	√		√

Lesson	Self-Awareness	Social Skills	Empathy	Motivation	Managing Feeling
1	\checkmark			√	✓
2	√	√		√	✓
3	√	√	√	√	
4	√	√	√		✓
5	√	√	√	√	✓
6	√	√		√	

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1		√	✓		
2	√	✓	√	✓	✓
3		✓	✓	✓	✓
4		✓	√	✓	
5			√	✓	
6		✓	✓	✓	✓



Dreams & Goals - Ages 15-16

Lesson	Social	Moral	Spiritual	Cultural
1			✓	✓
2	✓	√		
3	✓			✓
4	✓			✓
5	✓			
6	✓			✓

Lesson	Self-Awareness	Social Skills	Empathy	Motivation	Managing Feeling
1	√			√	✓
2	√			√	√
3	√	√		√	√
4	√		√		√
5	√	√	√	√	√
6	√			√	

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1			✓		
2			✓	✓	
3			√	✓	
4		√	✓		✓
5			√		
6			✓	✓	



Healthy Me - Ages 15-16

Lesson	Social	Moral	Spiritual	Cultural
1			✓	✓
2	√	✓		
3	✓	√		✓
4	✓	✓		
5	√	√		✓
6	√	√		

Lesson	Self-Awareness	Social Skills	Empathy	Motivation	Managing Feeling
1	✓			√	✓
2	√			√	
3	√	√	√		√
4	√		√		
5	√		√		√
6	√		√		√

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1			✓		
2			✓	✓	
3			✓	✓	
4			✓	✓	
5	✓	√	✓	✓	
6			✓	√	



Relationships - Ages 15-16

Lesson	Social	Moral	Spiritual	Cultural
1	✓	√		✓
2	√	√		✓
3	✓	√		✓
4	√	√		
5	√	√		✓
6	√	√		✓

Lesson	Self-Awareness	Social Skills	Empathy	Motivation	Managing Feeling
1	√	✓	✓		√
2	√	√	√		√
3	√	√	√		√
4	√	√	√		√
5	√		√		√
6	√		✓		√

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1		√	✓	✓	
2		✓	√	✓	✓
3	✓	√	✓	✓	✓
4		√	✓	✓	
5	√	√	√	√	√
6		√	√	✓	